



Become a Certified Children's Yoga Teacher !

Our Yoga Program begins **January 28th, 2012.**

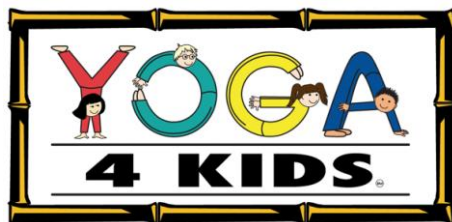
*Make a difference in the life of a child by giving them the priceless gift of Yoga.
When you educate a child you will have educated generations to come!*



Our Children's Yoga Certification Program is taught by yoga pioneer Marita Gardner-Anopol, E-CYT, one of the finest Children's Yoga Teachers in the country and features Venkata Ponnaganti, Ph.D. He brings the authentic teachings of yoga as practiced in India for thousands of years. A Psychology Professor, teaching at the Graduate and Under Graduate level of education for over 35 years he was the Director of The Institute for Yoga & Consciousness at Andhra University in India from 1972-2006.

Marita is the founder and Director of Kingwood Yoga & Wellness Center. She directs the 200/500-hour-level, Yoga 4 Kids® and Yoga in School© teacher training programs.

Marita has been featured in **TIME** Magazine. Her work has been praised by KPRC-2 news and she has also appeared on the Today show.



TEACHER TRAINING CERTIFICATION

Weekend 1: Foundation, Asana, Pranayama

The History of Yoga & Yoga 4 Kids®

This weekend is filled with practical information on building a strong foundation for teaching asana and yoga therapy to children Ages 4-12 plus YOGA 4 TEENS.

Weekend 2: Meditation, Yoga in School, the Business of Yoga 4 Kids

You will learn the Psychology & Methodology to Meditation with children. We will practice asana and meditation. In addition, this weekend you will learn to teach Yoga in School for Classroom Management©, plus the business of Yoga 4 Kids®.



The Yoga 4 Kid's Certification program will be 30 hours of training.

In addition to be able to teach Kids Yoga Classes and Camps, the Children's Yoga Teacher - will learn methods of training "Yoga in School".

Program Cost : \$1495

Plus...

Course Materials: Yoga 4 Kids Training Manual© Yoga4Kids Board Game/Card Games® & Yoga 4 Kids Instructional DVD®

Program Dates: 2 Weekend Modules

Jan. 28th & 29th and Feb. 11th & 12th, 2012.

Times: Saturday, 11:30am - 6:30pm

Sunday, 8:00am - 4:00pm



TEACHER TRAINING CERTIFICATION

REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____ Email: _____

Yoga Experience/Certifications

Teacher

Style

Dates

***Please submit Registration form with \$500 deposit (Check only) to:
Yoga 4 Kids, LLC - 3626 Glenwood Springs Drive, Kingwood, TX 77345***