

SUMMER CAMP

Session: 1

June 19th—23rd

Time 10:00am—12:00pm

Space is limited to 10. Register Today!

**Only
\$149**



Children discover inner peace through playful yoga, animated breathing exercises, yoga games, music, art & writing.

Marita Gardner-Anopol established **Yoga 4 Kids** in 1995, to bring this ancient art to children. Through her teaching she developed the board game **Yoga 4 Kids®**, produced the instructional **YOGA 4 KIDS DVD** and published **The ADVENTURES of YOGA 4 KIDS**, the 1st in a series of educational storybooks.



Registration Form

Name: _____ Age: _____

Parent/Guardian Name: _____ Cell: _____

Email: _____ Medications, please advise.

3626 Glenwood Springs Drive, Kingwood, TX 77345

281-441-9642

www.kingwoodyoga.com



SUMMER CAMP

Session: 2

July 24th—28th

Time 10:00am—12:00pm

Space is limited to 10. Register Today!

**Only
\$149**



Children discover inner peace through playful yoga, animated breathing exercises, yoga games, music, art & writing.

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